

Week 3				
Monday	Tuesday	Wednesday	Thursday	Meat Free Friday
Beef Burger with Potato Wedges	Sticky Chicken with Potato wedges	Chicken Meatballs with Pasta	Roast Turkey Dinner	Fish Fingers & Oven Baked Chips
Vegetable Burger with Potato Wedges	Vegetarian Cottage Pie	Vegetable Burrito Boat	Sticky Quorn Sausages with Roast Potatoes	Cheese & Tomato Pizza & Oven Baked Chips
Spaghetti Hoops	Broccoli	Sweetcorn	Roasted Parsnips	Baked Beans
Mixed Vegetables	Carrots	Swede & Carrot Mix	Peas	Sweetcorn & Pepper Mix
Iced Fruit Smoothie	Apple & Pear Sponge with Custard	Ripple Sponge & Custard	Carrot Cake	Fruit Jelly