

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

**Dame Tipping
Primary
Silver Menu
Autumn 2019**

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 2-9-2019 23-9-2019 14-9-2019 4-11-2019 25-11-2019 16-12-2019	Main	Pork Sausage in a Hot Dog Roll with Potato Wedges	Macaroni Cheese	Roast Chicken and Stuffing with Roast Potatoes, and Gravy	Chicken Arrabiata Pasta	Fishfingers with Chips
	Vegetarian	Quorn Sausage in a Hot Dog Roll with Potato Wedges	Five Bean Chilli with Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Shepherdess Pie with Gravy	Cheese and Onion Quiche with Chips
		Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
	Dessert	Sweetcorn, Coleslaw Orange Drizzle Cake	Green Beans, Carrots Carrot and Courgette Cake with Custard	Cauliflower, Broccoli Oaty Cookie	Roasted Mixed Vegetables Apple Crumble with Custard	Baked Beans, Peas Fruit and Yoghurt Station
Week 2 9-9-2019 30-9-2019 21-10-2019 11-11-2019 2-12-2019	Main	Cheese and Tomato Pizza with New Potatoes	Cottage Pie with Gravy	Roast Turkey with Roasted New Potatoes, and Gravy	Chicken Tagine with Rice	Breaded Fish with Chips
	Vegetarian	Vegetable Tagine with Couscous	Vegetarian Soya Spaghetti Bolognaise	Quorn Fillet with Roasted Potatoes and Gravy	Lentil and Sweet Potato Curry with Rice	Red Pepper and Cheese Frittata
		Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
	Dessert	Peppers, Green Beans Wholemeal Pear Crumble with Custard	Peas, Cauliflower Chocolate Shortbread	Cabbage, Carrots Apple Flapjack	Sweetcorn, Baked Tomatoes Eves Pudding with Custard	Baked Beans, Peas Fruit and Yoghurt Station
Week 3 16-9-2019 7-10-2019 28-10-2019 18-11-2019 9-12-2018	Main	Spaghetti Bolognaise	Chicken, Lentil and Gravy Pie with Mashed Potato Topping	Roast Chicken with Roast Potatoes, and Gravy	Beef Lasagne with Garlic Bread	Fish in Batter with Chips
	Vegetarian	Quorn Burger with New Potatoes	Creamy Vegetable Pie with Mashed Potato and Gravy	Vegetarian Wellington with Roast Potatoes and Gravy	Roasted Cauliflower Curry with Rice	Vegetable Wholemeal Pasta Bake
		Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling	Jacket potato with a choice of filling
	Dessert	Peas Carrots Banana Loaf with Custard	Sweetcorn Broccoli Rice Pudding with Mixed Berries	Fresh Mixed Seasonal Vegetables Apple, Cheese and Biscuits	Tomato and Onion Salad Green Beans Chocolate and Mandarin Sponge with Chocolate Sauce	Baked Beans, Peas Fruit and Yoghurt Station



Soil Association