

RSE Curriculum Outline

<i>Year Group</i>	<i>Curriculum Content</i>
<i>Reception</i>	<u>Making Relationships</u> <ul style="list-style-type: none">- Initiate conversation- Explains own knowledge- Asks others appropriate questions- Takes steps to resolve conflicts- Plays co-operatively- Takes account of one another's ideas- Shows sensitivity to others' needs and feelings

RSE Curriculum

Outline

Year 1 /2

Communication

- Recognise and communicate feelings to others
- Listen to, reflect on and respect other people's views and feelings
- Understand that it is important to share opinions
- Learn to listen to other people and work cooperatively

Bullying

- To learn about bullies and bullying behaviour
- Understand the difference between impulsive and considerate behaviour
- Recognise that behaviour affects people
- Recognise good and bad choices

Fairness

- To reflect on the similarities and differences between people
- To respect differences between people
- To recognise what is kind and unkind behaviour
- To understand that family and friends should care for each other
- Recognise how behaviour may influence people positively or negatively

Family and Friends

- Learn how to develop positive relationships with peers
- Identify different relationships and their importance
- Develop positive relationships through work and play
- Learn about the importance of family
- Identify their special people and what makes them special

RSE Curriculum

Outline

Year 1/2

Communication

- Recognise the importance of listening to others
- Understand the importance of working cooperatively
- Understand the concept of negotiation
- To work independently and collaboratively in a group
- Take part in a simple debate
- To reflect on similarities and differences between people
- To know conventions of courtesy and manners

Bullying

- Understand who can help if someone is affected
- Recognise that there are people who care for and look after them
- To seek help from an appropriate adult when necessary

Fairness

- To recognise what is fair and unfair
- Reflect on and respect similarities and differences between people
- Understand that family and friends should care for each other
- Recognise how behaviour can affect others
- Understand the difference between right and wrong

Family and Friends

- Learn about similarities and differences between people from different countries and the importance of cross-cultural friendships
- Learn about the importance of sharing

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Outline

Year 3/4	<p><u>Collaboration</u></p> <ul style="list-style-type: none">- Work co-operatively, showing fairness and consideration to others- Understand why it is important to work collaboratively- Take lead, prioritise actions and work independently and collaboratively towards goals- Know how to identify ways to improve the environment- Identify problems and find ways of dealing with them <p><u>Healthy Relationships</u></p> <ul style="list-style-type: none">- Understand the features of a good friend- Understand why it is important to be positive in relationships with others- Know how to communicate their opinions in a group- Work co-operatively, showing fairness and consideration
	<ul style="list-style-type: none">- Know that most friendships have ups and down, and that these can often be resolved- Know what sort of boundaries are appropriate in friendships with peers and others (including digital environment)- Know and understand the characteristics of friendships

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Outline

Year 3/4

Communication

- Recognise that there are many ways to communicate
- Understand the need to communicate clearly
- Understand why it is important to listen to other
- Talk about their views on issues that affect themselves and their class
- Know how to communicate opinions in a group
- Show consideration for other people's views

Bullying

- Recognise the difference between isolated hostile incidence and bullying
- Recognise how attitude, behaviour and peer pressure can influence choice and behaviour, including dealing with bullying
- Understand what self-esteem is and why it is important
- Understand the terms 'resilience' and 'persistence'
- To face new challenges positively and know when to seek help
- To know how to recognise bullying behaviour
- Recognise wright and wrong and what is fair and unfair
- Understand the nature and consequence of negative behaviours

Similarities and Differences

- Understand how we are connected by our similarities
- Recognise and respect similarities and differences between people
- Understand how the make-up of family units can differ
- Empathise with another viewpoint
- Understand and appreciate the range of different cultures and religions represented within school
- Learn about the need for tolerance for those of different faith and beliefs
- Understand the term 'diversity' and appreciate diversity within school
- Recognise and challenge stereotyping and discrimination

RSE Curriculum

Outline

Year 5

Communication

- Recognise that there are many different ways to communicate
- Understand the need for confidentiality in certain situations
- Know and understand the importance of listening to others
- Understand the role of a listener in any relationship
- Understand the need to both listen and speak when communicating with others

Collaboration

- Understand there are many situations in which collaboration is necessary
- Understand the need to develop team work skills
- Recognise that there are many roles within a community
- Understand the need to collaborate in a group situation

Healthy Relationships

- To know about and understand the importance of touch in a range of contexts
- To know the difference between appropriate and inappropriate touches
- To know the same principles, apply to online relationships as to face-to-face relationships
- To know how to critically consider their online friendships and sources of information
- Know that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health

RSE Curriculum

Outline

Year 6

Similarities and Differences

- Learn about racial discrimination and its impact on societies, past and present
- Learn about gender discrimination and its impact
- Challenge stereotyping and discrimination
- Learn about the importance of family in different cultures
- Recognise and respect similarities and differences between people

Healthy Relationships

- To know that relationships can change as a result of growing up
- To know that marriage and civil partnership represents a formally and legally recognised commitment of two people to each other which is intended to be lifelong
- To know that bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing

Relationships and Sex Education - Year 6 only

- To know how and understand why close relationships are formed, especially during adolescence
- Understand why friendship is important in the establishment of close relationships
- Know about and understand the physical, mental and emotional changes that take place during puberty
- Learn about sex (bust some myths)
- Know the features of a healthy relationship
- Understand what an unhealthy relationship is and know how to deal with relationship issues
- Know about gender identities and have an awareness of transgender issues
- Understand the difference between being transgender and transvestite